

30 Journal Prompts for Your Becoming Season

A Gentle Invitation to Reflect, Grow, and Bloom

"Being confident of this, that He who began a good work in you will carry it on to completion until the day of Christ Jesus."

PHILIPPIANS 1:6

Week One: Looking Back

The foundations of your journey.

Day 1. What part of your story has shaped who you are today?

Day 2. What have you survived that once felt impossible?

Day 3. When have you felt God's presence most clearly?

Day 4. What are you still carrying that God may be asking you to release?

Day 5. What lessons have your hardest seasons taught you?

Day 6. What would you tell your younger self today?

Day 7. What are three ways you've already grown this year?

Week Two: Looking Within

Tending to the garden of your heart.

Day 8. What makes you feel most alive?

Day 9. Which lies about yourself are you ready to replace with truth?

Day 10. What gifts has God placed inside you?

Day 11. What does confidence look like for you?

Day 12. What habits help you flourish?

Day 13. What habits quietly steal your peace?

Day 14. I am becoming someone who...

Week Three: Looking Forward

Stretching toward the light and protecting your space.

Day 15. What dream refuses to leave your heart?

Day 16. If fear wasn't in the way, what would you do next?

Day 17. What would your healthiest self look like?

Day 18. What boundaries do you need to protect your peace?

Day 19. How do you hope others feel after spending time with you?

Day 20. What kind of legacy do you hope to leave?

Day 21. Where do you believe God is leading you next?

Week Four: Blooming Where You're Planted

Embracing your current season of radiant growth.

Day 22. What beauty can you find in your current season?

Day 23. How can you show yourself more grace this week?

Day 24. What does rest look like for you?

Day 25. How can creativity become an act of worship?

Day 26. What are you most grateful for today?

Day 27. What Scripture has been speaking to your heart recently?

Day 28. What does 'Radiant in Bloom' mean to you personally?

Day 29. What part of yourself are you learning to love?

Day 30. Write a letter to the person you're becoming one year from today.

CLOSING PRAYER

Father, thank You for loving me in every season. Help me trust the work You are doing within me, release comparison, embrace growth, and bloom where You have planted me. Amen.